



DEPARTMENT OF THE AIR FORCE

FORTIFY THE FORCE

We created the Department of the Air Force's Fortify the Force Initiative Team (FFIT) to integrate organizations and mobilize individuals passionate about resilience and mental health efforts. The FFIT is led by volunteer Airmen, Guardians and family members, and championed by the Chief Master Sergeant of the Air Force and Chief Master Sergeant of the Space Force. The FFIT is connected directly to decision makers to accelerate actionable initiatives and create solutions.



MISSION

Advocate for total-force fitness, resource awareness and accessibility of care so that all Airmen, Guardians and family members can thrive.



VISION

Build a stronger U.S. Air and Space Force by promoting holistic wellness and addressing barriers to resilience.

EXISTING INITIATIVES

- Outreach
- Crosstalk
- Connecting with Spouses & Family
- Education & Training
- Embedded Resiliency Teams
- Peer Support Programs
- Stressors & Triggers
- Preventative Mental Health
- Resource Utilization & Effectiveness
- Law & Policy

SUBMIT A NEW INITIATIVE

To submit a new initiative for consideration, please complete this form - <https://bit.ly/3tL8bUU>

BECOME A FFIT VOLUNTEER?

To become a FFIT Volunteer, submit this form - <https://bit.ly/35EBYXp>

ARE YOU A SUBJECT MATTER EXPERT?

The FFIT relies on subject matter experts (SMEs) to connect and amplify existing best practices, providing input and guidance to inform and accelerate the team's efforts. If you believe your expertise or position should be represented on the SME advisory group, please submit this form - <https://bit.ly/35L0PbZ>